

ELSAs can help with...

- Loss and bereavement
- Self-esteem
- Social skills
- Emotions
- Friendship issues
- Relationships
- Anger management
- Behaviour
- Anxiety
- Bullying
- Conflict
- Relaxation techniques

Structure of a session

The ELSA will plan their sessions for your child very carefully. The session consists of several parts.

Emotional check in

This is an opportunity to talk about feelings.

Main activity

The ELSA will plan the activity to a learning objective, something they will be able to do at the end of the session that they cannot do now. The ELSA will encourage your child to tell you about their talents or personal characteristics such as 'kind', 'caring', 'helpful' and 'brave'. The child will then make something to reinforce those strengths.

Meet the team



Mrs Bond, Mrs Salmon and Miss Harrold

ELSA trained staff