



Subject: PSHE

Long Term Curriculum Plan

Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS (Reception)	Myhappyminds Meet your brain Jeans for Genes day	Myhappyminds Celebrate Road safety week	Myhappyminds Appreciate Internet safety day Mental health week	Myhappyminds Relate	Myhappyminds Engage Deaf awareness week	My body and Being Safe Sports day – staying and keeping healthy (links with PE – effects of exercise on the body)
	Reception See themselves as a valuable individual. Build constructive and respectful relationships. Express their feelings and consider the feelings of others. Show resilience and perseverance in the face of challenge Identify and moderate their own feelings socially and emotionally. Think about the perspectives of others. Manage their own needs. ELG (Self-Regulation) Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. (Self-Regulation) Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. (Self-Regulation) Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. (Managing Self) Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. (Managing Self) Explain the reasons for rules, know right from wrong and try to behave accordingly. (Managing Self) Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.					

(Building Relationships) Work and play cooperatively and take turns with others.
 (Building Relationships) Form positive attachments to adults and friendships with peers.
 (Building Relationships) Show sensitivity to their own and to others' needs.

Key Stage 1 (Baseline assessment to be completed before each topic and summative assessment to be completed at the end of a topic)	5-8 Relationships – Bullying 5-8 Our world – Living in our world Jeans for Genes day NC: FP1, FP2, CR1, CR2, CR3, CR5, RR1, RR2, RR6, BS1, MW3, MW8	5-8 Fire safety – Hoax calling 5-8 Keeping and staying safe – Road safety Road safety week NC: FP1, FP2, FP6, RR5, RR8, BS6, BS7, BS8, MW3, BFA1	5-8 Computer safety – Image sharing 5-8 Fire safety – Texting whilst driving Internet safety day Mental health week NC: CR1, CR2, CR3, CR5, RR1, RR4, RR8, OR2, OR5, BS1, BS2, BS8, MW1, MW2, MW3, MW7, MW8, ISH3, ISH5, ISH7	5-8 Staying healthy – Healthy eating 5-8 Hazard watch – Is it safe to eat or drink? NC: FP1, FP2, FP4, BS5, BS6, BS8, MW8, ISH2, PHF3, HE1, HE2, HE3	5-8 Being responsible – Practice makes perfect 5-8 Being responsible – Helping someone in need NC: RR1, RR2, RR3, RR4, RR5, BS4, BS5, MW6, PHF2	5-8 Feelings and emotions – Jealousy 5-8 Feelings and emotions – Anger Sports day – Staying and keeping healthy (links with PE – effects of exercise on the body) NC: FP2, CR2, CR4, CR5, RR1, RR2, RR5, RR6, BS1, BS3, MW1, MW2, MW3, MW4, MW6, MW7, MW8, ISH2, PHF1, PHF2, PHF3, PHF4
Key Stage 2 (Baseline assessment to be completed before each topic and summative assessment to be completed at the end of a topic)	8-11 Relationships – Appropriate touch (Relationships) 8-11 A world without Judgements – Breaking down barriers Jeans for Genes day	5-8 Hazard watch – is it safe to play with 5-8 Hazard watch – is it safe to eat or drink Road safety week	5-8 Computer safety – Making friends online Hector's world Internet safety day Mental health week	5-8 Keeping and staying healthy – Medicine 8-11 Our world/the working world – Chores at home	5-8 Being responsible – Stealing 8-11 Keeping and Staying Safe Cycle safety (to coincide with cycling proficiency)	5-8 Feelings and emotions – Grief 8-11 First aid special - First aid year 4 Sports day – Staying and keeping healthy (links with PE – effects of exercise on the body)

	NC: FP2, FP3, FP4, FP5, FP6, CR2, CR3, RR1, RR2, RR3, RR8, BS1, BS4, BS5, BS6, BS7, MW2, MW6	NC:RR5, BS5, BS6, BS7, BS8, MW3, BFA1	NC: FP1, FP2, CR2, CR5, RR8, OR1, OR3, OR4, BS1, BS4, MW1	NC: FP2, CR2, CR5, MW5, HP6	NC: FP1, FP2, FP4, CR2, CR5, MW4	NC: FP1, FP2, CR1, MW1, MW2, MW3, MW4, MW5, MW6, MW7, MW8, ISH2, PHF1, PHF2, PHF3, PHF4
--	--	--	---	--------------------------------	-------------------------------------	--

NC: National Curriculum links